

The First UMKC Health Sciences Wellness Fair In Partnership with the Kansas City Wellness Network

Saturday, April 4, 2009, 9 a.m. - 3 p.m.

UMKC Health Sciences Campus
2464 Charlotte, KCMO, 64108

(W. of Troost, E. of Homes, between 22nd and 25th Sts.)

All services are FREE!



Students from all four of the health science schools participate in Community Service Day each year. The schools of nursing, dentistry, pharmacy and medicine will come together this year for the first Wellness Fair.

The UMKC Health Sciences Hospital Hill campus and the Kansas City Wellness Network are delighted to provide multiple health screenings to the surrounding community. A variety of services will be provided in the Health Sciences Building on Hospital Hill offering free exams and education on vital health issues and topics. The sponsors of this event hope to continue this opportunity for free community care in years to come. For more information, call (816) 235-5463.

Available Services:

- Immunizations
 - Safe sex education
 - Rapid HIV tests
 - Cholesterol screening and education *
 - Blood pressure screening and education
 - Weight management screening and education
 - Osteoporosis screening and calcium intake counseling
 - Diabetes foot exam and counseling
 - Blood glucose screening *
 - Skin cancer screening and sun exposure education
 - Self breast exam education
 - Inhaler use, asthma and lung disease education
 - Smoking cessation
 - Depression screening
 - Heartburn education
 - Vision screening
 - Hearing screening
 - Adult and child dental screening with dental care instruction
 - Education on medication use and screening for drug-related issues
 - Medication storage education, medication adherence aids **
 - Vial of life **
 - Herbal products education **
 - Household poisons/ poison prevention
 - Full physical exam or sports physical for those younger than 18 yrs.
- * Patient must have fasted
- ** Bring your medications, vitamins and supplements list or containers with you



Contributors

Blue Cross and Blue Shield of KC
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Cover the Uninsured
Dos Mundos
Fox 4
Kansas City Academy
of Family Physicians
Kansas City, Mo., Health Department
KC Wellness Network
Truman Medical Centers
UMKC Alumni Associations
UMKC Health Sciences deans
UMKC Student Government Assn.
University Physician Associates
Univision
Vietnamese American Community
of Greater Kansas City (VACKC)



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